



# FRESH NEWS

## Iceberg & Leaf Lettuce

**Iceberg:** Good availability and average demand.

**Romaine:** Average supplies with good demand.

**Romaine Hearts:** Supplies have improved.

**Green and Red Leaf:** Average supplies.



## Broccoli, Carrots, Cauliflower, Celery

**Broccoli:** Improved supplies with good demand.

**Carrots:** Good availability. Light supply of plugs.

**Cauliflower:** Light supplies. Steady market.

**Celery:** Steady volume.



## Mixed Vegetables

**Artichokes:** Good supplies in all sizes of seeded and Green Globe. Production is heavier on the large and extra-large sizes (12-24). The medium to smaller range of sizes (30-loose pack) are lighter. Quality is excellent with good green color and tight compact head shape.

**Asparagus:** Limited availability. Asparagus has transitioned from Mexico to Washington State.

**Bok Choy:** Good supplies in Santa Maria.

**Cilantro:** Very good supplies.

**Fennel/Anise:** Good supplies and quality.

**Garlic:** Prices remain at the highs for late season storage crop garlic. Processors prefer to peel late variety garlic (available in late July). If current storage inventories become depleted, processors will be forced to peel early variety in early July, which is less desirable in terms of appearance.

**Green Cabbage:** Average supplies for west coast demand.

**Red Cabbage:** Adequate supplies.

**Green Onions:** Very good supplies.

**Kale (Green):** Average supplies.

**Napa:** Good supplies and quality.



# Weekly Produce Market Update

**Parsley (Curly):** Light supplies.

**Parsley (Italian):** Good supplies.

**Snow and Sugar Snap Peas:** Good supplies on snow and sugar snap peas. Central California is now the primary region, followed by Baja California and Guatemala.

**Spinach (Baby):** Good availability and quality.

**Spinach (Bunched):** Steady supplies with good demand.

Quality is good with large and full dark green bunches, measuring 9-11 inches in length and case weights ranging from 20-22 lbs.

**Spring Mix:** Good supplies and quality.

**Arugula:** Good availability with no quality issues to report.

**Mache:** Good supplies.



## Eastern & Western Vegetables

**Green and Red Bell Peppers:** Steady supplies from Coachella and Oxnard.

**Cucumbers:** Plentiful supply in the East and West (L.A., Georgia). A wide range in quality and condition exists, with the new crop growing areas commanding a moderate price premium.

**Green Beans:** Adequate supplies.



## Onions

**Onions:** Market is steady on all colors. No jumps in pricing are expected; demand and available supplies are about equal.



## Potatoes

Market is slightly stronger principally because of shorter supplies but not demand.



## Avocados

**Avocados:** Mexican Avocados main crop is declining with smaller crossings each week. Harvest in California is in full production, but sizes are still heavy to 60s smaller.

## Tomatoes

**Round/Roma:** Moderate availability in FL, plentiful supplies of Round and Roma tomatoes in the West (Baja CA, Southern CA). Roma's from Northern Mexico are also available in Nogales, AZ and McAllen, TX. All sizes are available, with large sizes (4x4, 4x5) commanding a moderate premium.

**Cherry/Grape:** Tight supply with prices in the West on the rise toward parity with prices in Florida.



## Melons

**Cantaloupe and Honeydew:** Good supplies for large sized cantaloupes (9,12). Moderate availability on medium-small sizes (15,18). Plentiful availability for honeydews. Nogales harvest will continue through mid July with a wide range in price and quality.

**Watermelons:** Prices have eased toward normal levels, with strong production volume in CA, TX and FL.



## Berries

**Strawberries:** Harvests in Watsonville and Salinas are increasing steadily because of good weather and favorable growing conditions. Oxnard continues to harvest good quality, smaller size strawberries as they wind down their season. Improved harvests overall have led to lower prices. Stem strawberries are available.

**Raspberries:** Raspberry harvests in California continue to be strong with excellent fruit quality in both conventional and organic. Prices have dropped to a seasonal low.

**Blackberries:** Northern California blackberry harvests have improved somewhat. Prices have begun to drop.

**Blueberries:** California blueberries harvests are starting to diminish. Prices may increase somewhat next week.



## Grapes & Soft Fruit

**Grapes:** Plentiful availability for Flame seedless in Coachella and Nogales; adequate supplies for green seedless (Perlette, Sugarone). Crimson seedless grapes from Chile are finished.

**Peaches, Plums, and Nectarines:** Good availability of apricots and nectarines, light supplies on peaches. Availability has tightened on California cherries for late week shipping.



## Apples & Pears

Movement for all remaining varieties is steady. Prices have advanced on various sizes. Lower grades are tight. Pink Lady's, Honey Crisp and Cameos are winding down. Galas, Grannys, Braeburns and Crisps are available including Packhams, Bosc, Bartletts, Comice, and Asian pears. Washington D'Anjou's; the market will remain firm through the end of the season. Fancy grade is practically nonexistent. Oregon pears will be finished for the season next week.



## Citrus

**Oranges:** By month end, late Navels will be finished. Quality is good with excellent flavor. Pricing remains strong for residual supplies. Pricing is moderate.

**Limes (Persian):** Limes are in full production with good supplies. Rain in growing areas will be the only limiting factor.

**Grapefruit:** Good supplies and availability on California grapefruit; Texas supplies are finished.

**Specialty Citrus Items:** Chile clementines available this month; domestic finished for all purposes.

**Pineapple:** Seasonal with some shortages on 7s at different ports.

