FRESH January 2024





Watercress Tomato Soup

Ingredients

- 4 cups chopped fresh plum tomatoes, ITEM 9331
- 2 cups chicken soup base, ітем 692
- 4 cloves garlic, ITEM 10643
- 1 large slice of onion, ITEM 2668
- 2 tablespoons butter, ITEM 3731
- 2 tablespoons all-purpose flour, ітем 2771
- 2 teaspoons white sugar, or to taste, ITEM 10794
- 1 teaspoon salt, or to taste, ITEM 2094
- 4 slices bacon, chopped, ITEM 1103
- 1∕2 cup watercress, ITEM 1718
- 1∕2 cup parmesan cheese, grated, ITEM 619

Directions

- 1. Combine tomatoes, chicken broth, garlic cloves, and a large slice of onion in a stockpot over medium heat. Bring to a boil and gently simmer for about 20 minutes to blend flavors.
- 2. In another pan, begin frying bacon until slightly crisp. Set aside to cool before chopping.
- 3. Remove the tomato boil from heat and run the mixture through a food mill into a large bowl or pan. Discard any remaining ingredients left in the food mill.
- 4. Melt butter over medium heat in the now, empty stockpot. Stir in flour to make a roux by cooking, whisking constantly, until the mixture turns medium brown.
- 5. Gradually whisk in a bit of the tomato mixture to prevent lumps from forming, then stir in bacon. Season with sugar and salt to taste.
- 6. Top with parmesan and watercress. Enjoy!

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